



THE NEW COLLEGE, CHENNAI - 600 014

(An Autonomous Institution Affiliated to the University of Madras & Accredited by NAAC with 'A++' Grade of 3.61/4 in the 4th Cycle)



PG and Research Department of Commerce

Ph.D., OPEN DEFENCE



Presented by

Mr. MD MUSTAFA K

Research Scholar
Department of Commerce
The New College, Chennai - 600 014

Title

**AN EMPIRICAL STUDY ON STRESS
MANAGEMENT AMONG PRIVATE SCHOOL
TEACHERS WITH SPECIAL REFERENCE TO
CHENNAI CITY**



03/09/2026



11.00 A.M



NCAA HALL

External Examiner

Dr. C. RAMAMURTHY

Assistant Professor
Department of Commerce
Presidency College, Chennai - 600 005.

Research Supervisor & Convener

Dr. A. M. ABID BASHA

Assistant Professor & Research Supervisor
PG & Research Department of Commerce
The New College, Chennai – 600 014.

DR. A. M. ABID BASHA
Supervisor & Convener

Dr. S. TAMEEM SHARIEF
Head of the Department

Dr. M. ASRAR SHERIFF
Principal